

WOMEN'S HEALING RETREAT WEEKEND



# ROOT TO BLOOM

*a sacred renewal*

Largo, Florida









May 1-4, 2026

a sacred renewal for women

# ROOT TO BLOOM



**Over three immersive nights at our private sanctuary, you'll experience:**

-  Earth medicine ceremony for profound insight and awakening
-  1:1 private intention-setting session
-  Poolside relaxation
-  Authentic Relating + connection circles to be seen and witnessed in truth
-  Sound baths to restore harmony and peace within
-  Yoga to reconnect body, breath, and inner strength
- Sacred opening ceremony, closing ceremony, Cacao ceremony
-  Post-retreat virtual Integration circle and 1:1 follow-up session
-  Private chef dinner and organic, freshly prepared meals to nourish body and spirit



Private home with  
pool + jacuzzi for  
maximum relaxation



Earth Medicine  
Ceremony to return  
to Self



Yoga, Sound, &  
workshops to support  
transformation

**Root to Bloom is an invitation to rise from the roots of your story:  
nurtured, grounded, and ready to bloom into your power.**

Largo, Florida  
May 1-4, 2026

Reserve your sacred space at  
[SoulShaman.com/Retreats](https://SoulShaman.com/Retreats)

Shared + Private rooms available  
starting at \$1100 (all-inclusive)

# MEET YOUR HOSTS



**Melissa Peil** is the heart and soul behind Soul Shaman, a multidimensional healing practice dedicated to guiding others through deep transformation. With nearly 20 years of experience as a trauma-informed psychic, medium, and shaman, Melissa's mission is to help others activate their soul's truth, awaken their higher purpose, and embody a deeper sense of wholeness and freedom. She has supported countless individuals on their path of spiritually awakening, helping them reconnect with their soul's inner truth and higher purpose. She brings compassion, authenticity, and grounded spiritual insight to her work. Her work centers on inner child healing, generational trauma and ancestral pattern release where she holds a safe and sacred space for transformation where old wounds can be alchemized into wisdom and empowerment.

**Lauren Searles** is the vibrant founder of Solshine Wellness: a multifaceted holistic wellness business specializing in elevated on-site wellness experiences. She has dedicated 15+ years of service in the Public Health field, with a mission to connect individuals and communities more deeply with themselves, Earth, and the collective. Lauren specializes in creating safe, sacred spaces for individuals to connect to the healing and transformation they need (through modalities such as Reiki energy healing, Yoga, sound healing, womb/yoni rituals, & sacred ceremonies). Lauren focuses on empowering women to give permission to their own unique healing processes in their journey of activation + expansion. Lauren has facilitated healing retreats for women in magical places around the world such as Sedona, the Riviera Maya, and Costa Rica.



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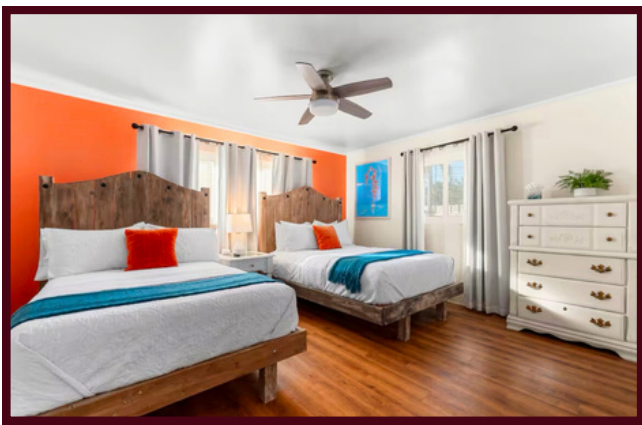
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# ACCOMMODATIONS

- **Private Suite with bath - \$1800 (early)**  
*(\$2000 full price)*



- **Double Suite with bath - \$1400/bed (early)**  
*(\$1600 full price)*



- **Double Room + shared bath - \$1200/bed (early)**  
*(\$1400 full price)*

